

SWIM ONE, SWIM ALL!!



It's **GOLD** outside, so think **summertime** & the **VIPERS SWIM TEAM**

Winding Vista Vipers Swim Team 411

- Everyone is welcome – ages 4-18
- Friends, fun, and exercise – all in one!
- Practices after school during May
- Morning and optional night practices during June
- 5 Tuesday night meets + county – GREAT family events!
- FLEXIBILITY – if you need help working swim team into your or your child's May/June schedule, please talk to us!
- Stephanie Spencer will be coaching ages 4-8, and Coach Phillips will be coaching ages 9-18
- \$\$The best value for your athletic dollar! \$\$ Keep in shape for fall sports!

Important Dates

- Thursday, March 3– Open House
Open Hand Designs (see invite on our website)
 - Meet coaches & ask questions
 - Swimsuit fitting
 - Registration
- April TBD – Parent Meeting
- April 25-29 – Stroke clinic



For more info, see the swim team page at www.windingvista.com/ OR contact Amy Trocchi, swim team co-coordinator at trocchia@bellsouth.net.